

*Join us for the first Family Fun Night of the school year*  
**Russell Safe Routes to School**

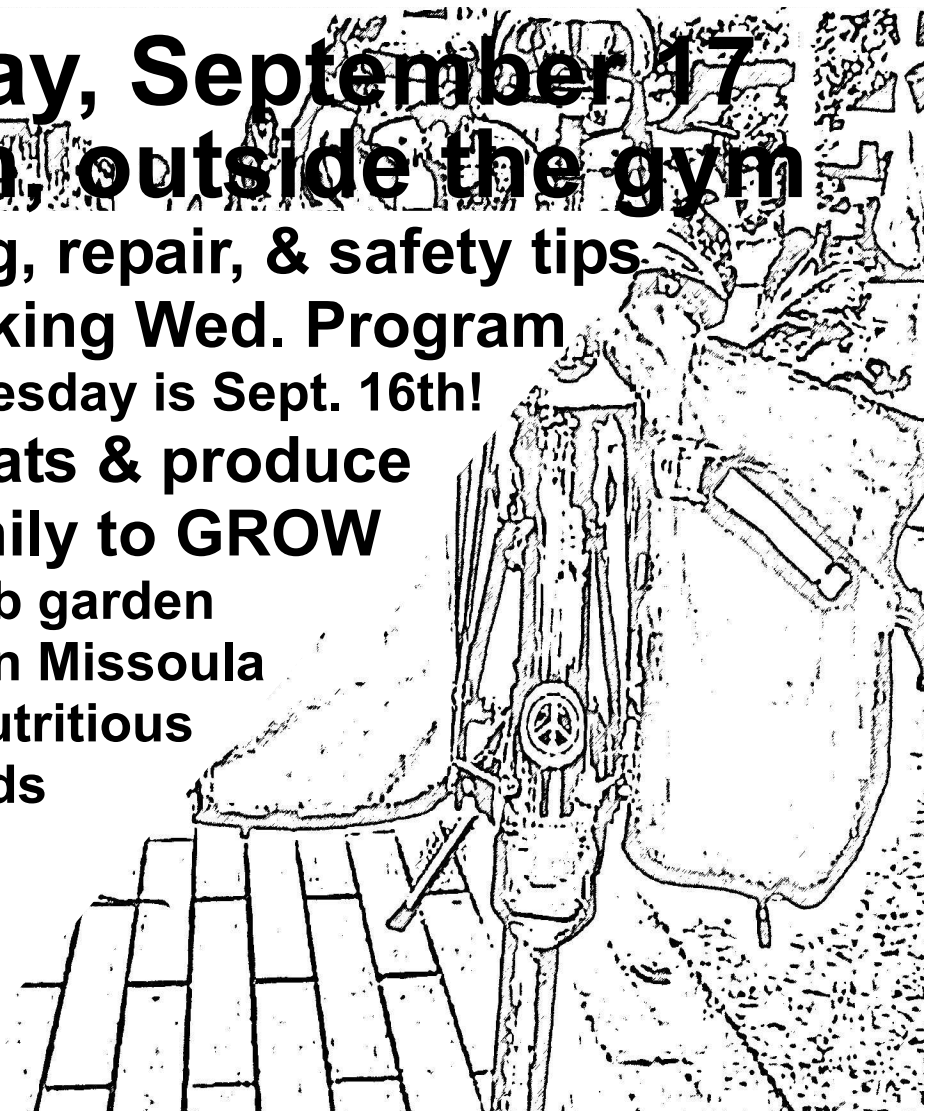
# **BIKE RALLY, BBQ, & LOCAL FOOD FESTIVAL**

**Thursday, September 17  
5:30-7pm, outside the gym**

- Bike decorating, repair, & safety tips
- Kick-off of Walking Wed. Program
- first Walking Wednesday is Sept. 16th!
- Enjoy local meats & produce
- Teach your family to **GROW**
- plant a window herb garden
- “grow it yourself” in Missoula
- learn about safe, nutritious

**AFFORDABLE** foods

*Bring your bicycle  
(or a drawing of  
a bicycle) and  
enter the  
prize drawing.*



Parents are encouraged to attend with their children, please.

Questions, call Martha, 728-2400, ext. 4846, or e-mail, [frcrussell@mcps.k12.mt.us](mailto:frcrussell@mcps.k12.mt.us)  
Event made possible by your City Bike-Pedestrian Office, Safe Routes to School, and  
the MSU Montana Team Nutrition Farm-to-School Program.